STANDING SLIDING SCALE
INSULIN ORDERS

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St. Luke’s Hospital
232 S. Woods Mill Road Chesterfield, MO 63017

Form No. SL-1457 PILOT PHYSICIAN ORDERS TAB Rev. 03/07

INSTRUCTIONS: Please write plainly, use ballpoint pen, and press firmly. Include Physician Name and Signature. Check appropriate boxes and fill in blanks.

Finger-stick blood glucose
- Tid, before meals for patients who are eating OR before each bolus tube feeding
- Every 6 hrs if NPO or continuous tube feeding (12am, 6am, 12pm, 6pm)
- Must call physician responsible for diabetes care to renew order if new/change in nutritional intake
- PRN for hypoglycemic symptoms
- Insulin per Sliding Scale selected below

Finger-stick blood glucose at 2100
- Give _____ units of Novolin R subq if blood sugar > _______
- Follow sliding scale below
- Blood glucose only. No insulin to be administered.

Insulin
- Novolin R will be dispensed unless Novolog box is marked. Give Novolin R subq 30 minutes before meal if eating.
- Novolog subq per sliding scale. Give no more than 10 minutes before meal.

Sliding Scale (select one):
- Very Low Dose
- Low Dose
- Moderate Dose
- Other

(see reverse for guidelines)

< 70 mg/dL ** ** ** **
70 - 130 mg/dL 0 unit 0 units 0 units _____ units
131 - 180 mg/dL 1 unit 2 units 4 units _____ units
181 - 240 mg/dL 2 units 4 units 8 units _____ units
241 - 300 mg/dL 3 units 6 units 10 units _____ units
301 - 350 mg/dL 4 units 8 units 12 units _____ units
351 - 400 mg/dL 5 units 10 units 16 units _____ units
> 400 mg/dL Stat lab glucose and call physician with results.

**Begin hypoglycemia protocol:
If patient awake, alert and not NPO, give 15 gms carbohydrate (4 oz. juice, 4 oz. regular soda, 3 graham crackers, or 8 oz. milk).
If blood sugar less than 60 mg/dL, patient NPO or not alert, give 25 ml Dextrose 50% IV push and notify physician.
Repeat blood sugar in 15 minutes
If blood sugar remains below 80mg/dL repeat snack or repeat 25 ml Dextrose 50%.
If blood sugar above 80 mg/dL, repeat blood sugar in 1 hour.

Physician Signature:

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For patients weighing less than 60 Kg and who are not receiving steroids or have active infection, suggest very low dose insulin scale.

For patients weighing between 60-90 Kg, suggest low dose insulin scale.

For patients weighing greater than 90 Kg and/or who are receiving steroids or have active infection, suggest moderate insulin scale.

**THINK BASAL INSULIN**

After 24 hours, if patient is requiring more than 10 units insulin per day, or more than 3 results are greater than 200 mg/dL, suggest adding basal insulin as 40% of total daily dose. If basal insulin is added, evaluate selection of sliding scale. It may be helpful to utilize the next lower sliding scale insulin dose regimen. Insulin Glargine (Lantus) daily or NPH insulin twice daily could be considered as basal insulins.

Reassess use of Sliding Scale Insulin every 72 hours.